



# GP Dental

excellence in dental care

## IMMEDIATE DENTURES – Page 1.

### **What are immediate dentures?**

Immediate dentures involve the removal of teeth and insertion of a denture at the same visit. The advantage is that you avoid any period without teeth.

### **Appointment Scheduling:**

Before your teeth are removed a number of appointments are necessary to plan and prepare the denture with the laboratory.

### **Appointment 1:**

At the initial consultation, after examining you, your dentist will take preliminary impressions of your existing teeth.

### **Appointment 2:**

This is a short appointment where another set of more accurate impressions are taken.

### **Appointment 3:**

Custom temporary dentures made out of wax are tried in the mouth and are used to record the way your teeth come together. At this time, the shape and colour of the teeth are chosen together.

### **Appointment 4:**

A different temporary denture is tried in the mouth, this time with teeth held in the wax. At this stage, you decide if you are happy with the look and feel of the denture and teeth before the final denture is made.

### **Appointment 5:**

At this appointment the remaining teeth are removed, stitches may be placed, and the denture is immediately fitted.

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8298 7699

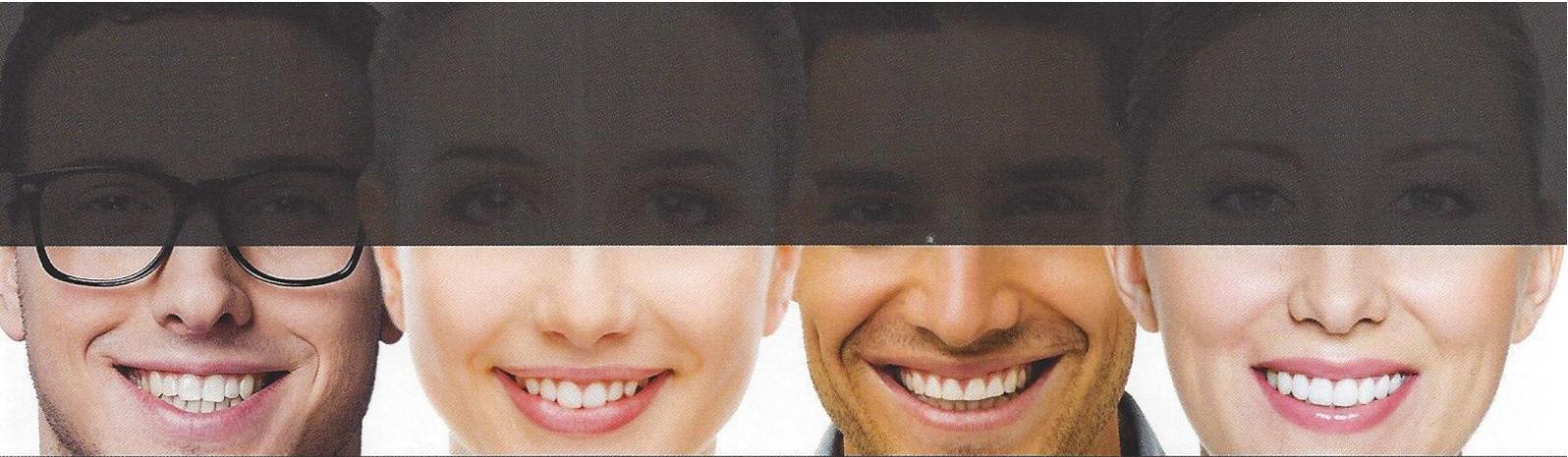
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## IMMEDIATE DENTURES – Page 2.

### Post Procedure Instruction and Care:

**The denture must remain in the mouth for the next 48 hours.**

**This includes wearing the denture overnight.**

- Do not rinse for the next 24 hours.
- The next day gently rinse your mouth with lukewarm water after each meal.
- A soft/fluid diet is necessary.
- Two ibuprofen (if you are able to take it) or paracetamol 4-hourly can be taken for pain relief as required.
- A small ooze of blood is common for the first 12-24 hours. **If bleeding is persistent or severe please contact your dentist.**
- You may experience some swelling and bruising in the following few days which should begin to subside by the 5<sup>th</sup> day.
- **Do not smoke or consume alcohol for at least 24 hours.**

Your dentist will arrange a review appointment following the extractions. If necessary, stitches are removed and the denture is adjusted. Be sure to let the dentist know how you are getting on and if you are experiencing any difficulty or discomfort.

**IMPORTANT:** Following extractions, rapid changes in the gums and jaw bones take place as they heal to form a firm base for the new denture. As a result, over the next few months, you will find the denture will begin to feel loose. In the meantime you may like to use a denture adhesive (available from your pharmacy e.g. Polident) to make wearing your dentures more comfortable.

A number of **temporary relines** may be necessary to improve the fit. Approximately six months after receiving your denture it will be necessary to see your dentist again to have the denture **permanently relined**.

If you have any concerns please contact our practice.

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